

# Teen News

Glad to see you here this morning! Hope you all are enjoying your last weeks of summer break. School will be resuming soon and I pray you remember to keep a Christ centered life as you regain your busy school schedule and rejoin your peers. I hope you make it a priority to be a shining light for his kingdom and be a "disciple" of his word.

BLAKE

A big, burly man visited the preacher's home and asked to see the minister's wife, a woman well known for her charitable impulses.

"Madam," he said in a broken voice, "I wish to draw your attention to the terrible plight of a poor family in this district. The father is dead, the mother is too ill to work, and the nine children are starving. They are about to be turned into the cold, empty streets unless someone pays their rent, which amounts to \$400."

"How terrible!" exclaimed the preacher's wife. "May I ask who you are?"

The sympathetic visitor applied his handkerchief to his eyes. "I'm the landlord," he sobbed.



"If I'm so worthless, why are you putting me up for bid on eBay?"

## God's Protective Wings

A story in National Geographic several years ago gives us a beautiful and penetrating picture of God's protective wings covering His children. After a forest fire in Yellowstone National Park, forest rangers began their trek up a mountain to assess the inferno's damage. One ranger found a bird literally petrified in ashes, perched statuesquely on the ground at the base of a tree. Somewhat sickened by the eerie sight, the ranger reached out to knock the bird over with a stick. As he gently struck it, three tiny chicks scurried from under their dead mother's wings. The loving mother, keenly aware of impending disaster, had carried her offspring to the base of the tree and had gathered them under her wings, instinctively knowing that the toxic smoke would rise. She could have flown to safety, but she refused to abandon her babies. When the blaze reached her, the heat had scorched her small body, but the mother had remained steadfast because she had been willing to die, those under the cover of her wings had lived. The Psalmist beautifully illustrates God's protective love and care for each of us in Psalm 91:4 (NIV) when he says, "He will cover you with His feathers, and under His wings you will find refuge".

SELECTED

**DOOR GREETERS August 18**

**Adam & Diane Harding**

**COMMUNION PREPARATION  
August 18, 2013**

**Tom Watson**

# Gospel Worker

## Crockett Road Church of Christ

1717 Crockett Road; P.O. Box 288  
Palestine, Texas 75802  
903/723-6291  
www.crockettroadchurchofchrist.org

### **MINISTERS**

Dan D. Manuel  
*Pulpit Minister*  
Blake Baker  
*Youth Minister*

### **ELDERS**

Dan D. Manuel  
Dale Sparks

### **DEACONS**

Henry Baker  
Sam Ellis  
Dwight Franklin  
Adam Harding  
Kyle Lock

### **SECRETARY**

Lorelee Reeder

### **MISSIONS & OUTREACH**

Brown Trail School of Preaching, Bedford, TX  
Jose Cuadras—Mexico  
*School of Preaching*  
Hershel Bearden  
*India Mission*  
Central TX Children's Home—Buda, TX  
Tipton Children's Home  
*Tipton, OK*  
GBN T.V. NETWORK  
GIVE ME THE BIBLE  
T.V. Program  
KETK-56 Tyler, TX.  
FOX 44—Waco, TX.  
FOX 29, Bryan—College Station, TX.  
NBC 53—Lufkin, TX.

### **ASSEMBLY TIMES**

Sun: 9:30 AM Class  
10:30 AM Worship  
6:00 PM Evening  
Wed: 7:00 PM

## Two Builders

"Therefore whoever hears these sayings of Mine, and does them, I will liken him to a wise man who built his house on the rock: and the rain descended, the floods came, and the winds blew and beat on that house; and it did not fall, for it was founded on the rock. Now everyone who hears these sayings of Mine, and does not do them, will be like a foolish man who built his house on the sand: and the rain descended, the floods came, and the winds blew and beat on that house; and it fell. And great was its fall" (Mt 7:24-27). At the conclusion of our Lord's sermon on the mount, He summarized His teaching by using the example of two builders. We can learn from Jesus' teaching that these two builders had some resemblances about them and certainly some differences. Resemblance: Both of these builders heard the sayings of Christ Jesus. Both of these builders saw the necessity of building a house and as a result did build a house. And perhaps, both of these builders felt secure in the house that they had just built. But this is where the resemblances ended. Differences: Jesus taught that these two builders differed in their personal character. One was wise and one was foolish. They also differed in their practice in that one heard the sayings of Jesus and did them, while the other heard them and did not do them. We can also see that they differed especially in the foundations on which they built; one on the rock and the other on the sand. Nothing can make up for a defective foundation. Their houses may have looked alike, but looks can be deceiving. In the end, the final results differed in that one stood (the rock), while the other fell (the sand). May we all strive to make sure our lives are built on the firm foundation of Jesus Christ (2 Pet 1:5-11). Adapted

VOLUME 49

NUMBER 31

August 11, 2013

## Welcome Visitors "One Responds Last Sunday"



*From Dan's desk:*

Our hearts were touched by the response of KATHY CHAMBLESS last Sunday morning. Kathy expressed her love and desire for her children to be brought closer to the Lord. We love her and continue to pray that the prayers of the Lord's Church here will bring the desire of her heart. We all have the privilege of praying for each other. What a blessing! It was good to be home from the Lectureship and the meeting with the church near Gilmer. My thanks again to Perry Cowan for preaching on Sunday evening. We have a number of visitors in the audience today. Many were at the evening performance of the Dogwood Jamboree last night. We are happy to have you with us and we hope you will come again when you have the opportunity to be with us. We continue to be blessed with new additions to the church family and additional spiritual growth. God is blessing our church in many ways. Be sure to give Him the praise and be grateful to the Lord for all the blessings He bestows on us. We are a busy church. Numerous activities are planned for the youth, Joy Club and the ladies "Sister To Sister" group. One of the ways we get to know each other better is through our participation in events that are planned and provided. We hope that each of you will continue to do so. Last Friday night and large group went on the church bus to Athens. We ate at the Marina restaurant. Everyone had a great time and it is through moments like these that bonds are formed and hearts made glad. Thanks for being here this day. May God bless you for coming to worship Him and encourage the church. See you tonight.

DAN

**PLEASE TURN OFF ALL CELL PHONES**



## TO KEEP IN OUR PRAYERS

**GARY OLIVER is better following a recent treatment for cancer in Dallas.**

**LINDA ALLEN had surgery on Monday to remove pins from her foot. She is at home now, doing well.**

**BILLY MASON had a stress test on Tuesday. He is awaiting the results.**

**See prayer list for others with continuing problems.**

LADIES are reminded of the "Summer Sizzle Fashion Show" next Saturday; August 17th, from 11 a.m. to 1 p.m. This is a catered luncheon and "fashion show." It will be a lot of fun. Please make plans to attend and plan to be one of our models. We must have an accurate count for the caterer by today. Please sign up today.

### BUNKO

This Thursday night, August 15th, we will meet for Bunko, a meal, and a retirement party honoring Lois (King) Duzan. Plan to join us at Bon Appetite at 5 PM.

### WELCOME VISITORS

**A big hearty welcome to those visiting today. Allow us to meet and greet you following the worship service this morning. At the end of the service today you will be given a gift bag from our congregation. "It is a small gift, but it comes from big hearts." Thanks again for coming.**

## Excellent Endorphins!

During cardiovascular exercise, the body reaches a point where it releases "feel-good" chemicals known as endorphins. One of the effects of endorphins is (among other things) to minimize minor aches and pains-which, in turn, encourages a person to continue exercising. This "high" can be experienced at different ranges-from a mild "good feeling" to a strong sense of euphoria, depending on how much an individual exerts himself. The result is that the person doing the exercise is encouraged to do more, and also is encouraged to make exercise a general habit.

Endorphins are not only responsible for aid in exercise, but also may prevent the body from experiencing excruciating pain in severe trauma. In the 1970s, this chemical was first discovered by scientists studying the drug morphine. Prior to the 1970s, emergency medical personal were often amazed that some people with serious injuries were lucid enough to communicate and in apparent lack of pain. Researchers discovered that endorphins were an even more powerful chemical than morphine, but without the unpleasant side effects of drug addiction. Endorphins are now known, by scientists and emergency technicians alike, as the morphine made by the body.

Endorphins may also be released from other positive behaviors such as smiling, laughing, meditating, singing, listening to good music, and even eating good food. Is this ability of the body to provide chemicals that encourage good behavior not evidence of good design? Consider the following facts. First, endorphins are dispensed only when needed. Second, they are released only in the dosage that is required. Third, they are powerful enough to counteract strong pain. Fourth, they are not addictive. Fifth, they encourage good behavior. Sixth, a person must exert a certain amount of positive effort to enjoy their benefits. Those are some of the same types of standards that pharmaceutical companies use as they try to develop beneficial new medicines. The psalmist wrote, "I am fearfully and wonderfully made" (Psalm 139:14). How wonderful it is to know that the human body that God made for us has such incredible design! **Selected**